

## **Personal Development (INTENT)**

Personal Development at Astrea Academy Deane aims to equip and empower all students with the knowledge, values and skills needed to flourish in the modern world. This umbrella term encompasses the wide range of experiences that all students will be afforded through our curriculum, extra-curricular and enrichment opportunities. All students will access a well-sequenced, responsive, and rigorous PSHE curriculum which is tailored to meet the needs of our diverse community, providing students with strong foundations to make informed decisions. PSHE lessons aim to promote good physical and emotional wellbeing, healthy relationships and personal safety in the wider world and online, going above and beyond statutory requirements. We seek to reinforce these key themes and aspects of SMSC, in other areas of the curriculum such as Science, Physical Education and Religious Education, encouraging students to see the links between Personal Development and their wider education. Through lessons, tutor activities and a sequential assembly programme, we aim to teach students fundamental British values, such as respect and democracy, so they fully appreciate the freedoms and civil liberties enjoyed by all citizens in Great Britain. Students will understand the importance of equality and protected characteristics which are fiercely defended, and our diversity celebrated through a shared understanding of different beliefs, values and cultures. Personal Development at Astrea Academy Deane will permeate throughout the school community and outside the classroom by providing all students with access to a variety of opportunities to visit new places both locally, nationally and internationally, participating in activities that enhance their cultural capital. This will be complimented by an outstanding careers programme that will provide a range of encounters with employers as well as the knowledge needed to plan their futures, no matter what career path they decide to pursue. These invaluable experiences will broaden horizons and embolden our students to have the very highest aspirations, as they deem no career or accolade as beyond their grasp. At its core, Personal Development aims to ensure all students at Astrea Academy Deane possess the confidence, resilience, and tenacity to lead happy, successful, and fulfilled lives.

## **PSHE Curriculum (INTENT)**

At Astrea Academy Deane all students will access a well-sequenced, responsive, and rigorous PSHE curriculum which is tailored to meet the needs of our diverse community, providing students with strong foundations to make informed decisions. The curriculum will focus on three key strands: health and wellbeing, sex and relationships and the wider world, including CEIAG. These lessons will be knowledge rich, engaging and afford students the opportunity to debate in a safe environment, with clear ground rules promoting respect and compassion. Lessons will be underpinned by British Values and devote sufficient time to promoting equality and protected characteristics, ensuring all students understand the importance of both. Using local health and community reports, as well as internal data on behaviour and safeguarding, our PSHE curriculum will adapt and mould to meet the needs of all students. Reasonable adjustments will ensure SEND students are given time to over-learn key aspects of PSHE so they are confident and able to stay safe, which will be closely monitored by staff. Teachers will demonstrate visible confidence in the classroom, as a result of a strong programme of CPD, managing contentious issues with skill and sensitivity to ensure classrooms are inclusive and filled with dynamic discussions that students value. PSHE will have parity with other curriculum subjects and the value of this lesson shared by both staff and students who will have ownership over curriculum development through the collation of regular feedback and assessment. In essence, PSHE aims to provide all students with the ability to make good choices, report concerns with confidence and lead happy, successful lives.