

Date w/c	Year 7 CORE PE	Year 8 CORE PE	Year 9 CORE PE	Y10 PE	Y11 PE	Year 10 GCSE PE	Year 11 GCSE PE	Year 10 Sport Studies	Y11 Sport Studies
1st Sep	Sport 1 Badminton/ Table Tennis /	Sport 1 Badminton/ Table Tennis /	Sport 1 Badminton/ Table Tennis /	1 Badminton/ Table Tennis /	1 Badminton/ Table Tennis /	Y9 recap then - Movement analysis and physical training – 7 lessons	Paper one recap Musculoskeletal system and Cardio- respiratory system	RO52 – LO4 – Developing Sport skills	Complete RO52
7th Sep	Football /	Football /	Football /	Football /					
14th Sep	Netball rotations	Netball rotations	Netball rotations	Netball rotations					
21st Sep									
28th Sep									
5th Oct									
12th Oct	Assessment week	Assessment week	Assessment week						
19th Oct	Sport 2	Sport 2	Sport 2	2	2	MAP assessment	MAP assessment		
2nd Nov	Sport 2	Sport 2	Sport 2	Badminton/ Table Tennis / Football / Netball rotations	Badminton/ Table Tennis / Football / Netball rotations	Physical training 5 lessons	Paper one recap continued	DEADLINE For RO52 unit	RO53 – Sports Leadership
9th Nov	Badminton/ Table Tennis /	Badminton/ Table Tennis /	Badminton/ Table Tennis /						
16th Nov	Football / Netball rotations	Football / Netball rotations	Football / Netball rotations						
23rd Nov									
30th Nov	Assessment week	Assessment week	Assessment week						
7th Dec	Sport 3 Badminton/ Table Tennis /	Sport 3 Badminton/ Table Tennis /	Sport 3 Badminton/ Table Tennis /	3 Badminton/ Table Tennis /	3 Badminton/ Table Tennis /	MAP Assessment	Mock exams	RO51 Examination unit – LO1	
14th Dec	Football / Netball rotations	Football / Netball rotations	Football / Netball rotations	Football / Netball rotations	Football / Netball rotations	Physical training continued			
4th Jan	Sport 3 Badminton/ Table Tennis /	Sport 3 Badminton/ Table Tennis /	Sport 3 Badminton/ Table Tennis /	Badminton/ Table Tennis / Football / Netball rotations	Badminton/ Table Tennis / Football / Netball rotations		Coursework Up to 5 weeks		Leadership in Sport
11th Jan	Football / Netball rotations	Football / Netball rotations	Football / Netball rotations						
18th Jan									
25th Jan	Assessment week	Assessment week	Assessment week						
1st Feb	Sport 4	Sport 4	Sport 4	4	4	Past paper Mock	Revision / Exam prep	Assessment week	
8th Feb	Badminton/ Table Tennis / Football / Netball rotations	Badminton/ Table Tennis / Football / Netball rotations	Badminton/ Table Tennis / Football / Netball rotations	Badminton/ Table Tennis / Football / Netball rotations	Badminton/ Table Tennis / Football / Netball rotations				
22nd Feb	Athletics Knowledge and understanding of different athletic events	Athletics Knowledge and understanding of different athletic events	Athletics Knowledge and understanding of different athletic events Evaluating knowledge of performance and result.	Badminton/ Table Tennis / Football / Netball rotations	Badminton/ Table Tennis / Football / Netball rotations	Coursework Up to 5 weeks	5 lessons	RO51 Examination unit LO2 and LO3	
1st Mar									
8th Mar									
15th Mar									
22nd Mar							Mock exam	Assessment week	
						Sports Psychology	REVISION / Exam prep		
12th Apr	Tennis/ Rounders/ Cricket rotations 4 week blocks	Tennis/ Rounders/ Cricket/ Athletics rotations 4 week blocks	Tennis/ Rounders/ Cricket /Athletics rotations 4 week blocks	Sport 3 Rounders/ Tennis/ Cricket/ Badminton rotations	Sport 3 Rounders/ Tennis/ Cricket/ Badminton rotations	Sport Psychology Understanding key concepts of Aggression	Information processing Motivation	Promoting values in sport	Sport Evaluation and analysis Evidence collection
19th Apr	Knowledge of the sports Understanding of rules	Knowledge of the sports Understanding of rules	Showing prior knowledge of skills and rules. Developing fluency, accuracy and consistency	Leadership of a group	Leadership of a group	Developing understanding of personality types	Arousal Aggression Personality types	Understanding the Olympic and Paralympic movement and Values in Sport	Leadership in sport evidence collection.
26th April	Performance of skills within the sport	Performance of skills within the sport	Attacking and defensive decision making.	Leadership of a group	Leadership of a group	Applying understanding of motivation to sport performance	Aerobic/ Anaerobic respiration	Understanding the differences between different events	
3rd May	Developing consistency in performance	Understanding how to outwit opponents		Evaluating performance and feedback	Evaluating performance and feedback	Developing exam technique and understanding	Basic movements Planes and Axis	Analysing the benefits and drawbacks of hosting major events.	Session plan evidence collection

	Assessment throughout each unit	Assessment throughout each unit	Development of tactical awareness.			assessment objectives.			
10 th May			Assessment throughout each unit	Evaluating performance and feedback	Evaluating performance and feedback	Develop ability to answer 9 mark questions	Component of fitness Training thresholds Training seasons	Developing knowledge of NGB's	Careers in sport evidence collection
17 th May				Developing ability to work in different groups	Developing ability to work in different groups	Psychology MAP	Types of training Principles of training	Analysing importance of NGB's	CV Evidence collection
24 th May				Developing ability to work in different groups	Developing ability to work in different groups	MAP Feedback and developing understanding	Evidence catch up session	Developing understanding of structuring exam question answers	
7 th June	4 week rotations continued Knowledge of the sports	4 week rotations continued Knowledge of the sports	4 week rotations continued Showing prior knowledge of skills and rules.	Sport 4 Rounders/ Tennis/ Cricket/ Badminton/ Football rotations	Options Rounders/ Cricket/ Badminton/ Football	Heath Fitness and wellbeing	Evidence catch up session	Contemporary issues in Sport MAP	Evidence catch up session
14 th June	Understanding of rules Performance of skills within the sport	Understanding of rules Performance of skills within the sport	Developing fluency, accuracy and consistency	Skills and understanding of officiating	How to organise sport in future	Understanding different types of health	Level 3 introduction and links to careers	Feedback and developing understanding.	Level 3 introduction and links to careers
21 st June	Developing consistency in performance	Understanding how to outwit opponents	Attacking and defensive decision making.	Skills and understanding of officiating	How to organise sport in future	Develop awareness of obesity and sedentary lifestyles	Level 3 introduction and links to careers	Developing understanding of leadership styles.	Level 3 introduction and links to careers
28 th June	Assessment throughout each unit	Assessment throughout each unit	Development of tactical awareness.	Leadership qualities assessed	How to organise sport in future	Evaluating the 3 somatotypes and sports linked too.	Level 3 introduction and links to careers	Analysing different leadership styles for different situations	Level 3 introduction and links to careers
5 th July			Assessment throughout each unit	Leadership qualities assessed	How to organise sport in future	Understanding of Nutrition and energy use	Level 3 introduction and links to careers	Applying leadership knowledge in practical situation	Level 3 introduction and links to careers
12 th July				Evaluating scoring systems		MAP		Applying leadership knowledge in practical situation	
19 th July				Evaluating scoring systems		MAP Feedback and Evaluation		Applying leadership knowledge in practical situation	