

Extra Curricular Club Timetable **Week A Spring Term 2020**

Time	Monday	Tuesday	Wednesday	Thursday	Friday
Before School 8.00 - 8.30am	★ Wellbeing hub drop in	★ Wellbeing hub drop in	★ Wellbeing hub drop in	★ Girls' wellbeing mentor session AGN/RFR EN07	★ Wellbeing hub drop in
Break Time 10.55-11.10am	★ Wellbeing hub drop in	★ Wellbeing hub drop in	★ Wellbeing hub drop in	★ Girls' wellbeing mentor session VGS/CWS EN08 NDS/KSS DT04	★ Wellbeing hub drop in
1st Lunch 12.15-12.45pm	★ Careers drop in	★ Careers drop in ★ LGBTQ+ and allies	★ Careers drop in	★ Careers drop in	★ Careers drop in
2nd Lunch 13.15 - 13.45pm	★ Careers drop in	★ Careers drop in ★ LGBTQ+ and allies	★ Careers drop in	★ Careers drop in	★ Careers drop in
After School 3-4pm	★ Fitness boot camp – Activity Hall ★ Cadets 3-4.30pm ★ Badminton Sports Hall ★ Basketball – Hard Courts ★ Boys' wellbeing group	★ Y11 Sports studies IT02 ★ Rugby - Field ★ Table Tennis – Activity Hall ★ Young Voices		★ Y11 MFL ★ Barnsley sporting fixtures ★ D of E - Silver	★ Y11 GCSE PE DT03

- ★ Sports & Physical Health
- ★ Wellbeing & Mental Health
- ★ Expanding Horizons
- ★ Creativity & The Arts
- ★ Additional Study
- ★ Other

Variable timings:

- ★ Drama/Panto
- ★ Instrumental lessons Wednesdays between 10-11.30am
- ★ Science, maths, English session 6

Extra Curricular Club Timetable **Week B** Spring Term 2020

Time	Monday	Tuesday	Wednesday	Thursday	Friday
Before School 8.00 - 8.30am	★ Wellbeing hub drop in	★ Wellbeing hub drop in	★ Wellbeing hub drop in	★ Girls' wellbeing mentor session AGN/RFR EN07	★ Wellbeing hub drop in
Break Time 10.55- 11.10am	★ Wellbeing hub drop in	★ Wellbeing hub drop in	★ Wellbeing hub drop in	★ Wellbeing hub drop in	★ Wellbeing hub drop in
1st Lunch 12.15- 12.45pm	★ Careers drop in	★ Careers drop in ★ LGBTQ+ and allies	★ Careers drop in	★ Careers drop in ★ Girls' wellbeing mentor session SLH EA01 , JSK IT05	★ Careers drop in
2nd Lunch 13.15 - 13.45pm	★ Careers drop in	★ Careers drop in ★ LGBTQ+ and allies	★ Careers drop in	★ Careers drop in	★ Careers drop in ★ Girls' wellbeing mentor session LBN Data Office
After School 3- 4pm	★ Fitness boot camp – Activity Hall ★ Cadets 3-4.30pm ★ Badminton – Sports Hall ★ Basketball – Hard Courts ★ Boys' wellbeing group	★ Y11 Sports studies IT02 ★ Rugby - Field ★ Table Tennis – Activity Hall ★ Young Voices		★ Y11 MFL ★ Barnsley sporting fixtures ★ D of E - Bronze	★ Y11 GCSE PE DT03

- ★ Sports & Physical Health
- ★ Wellbeing & Mental Health
- ★ Expanding Horizons
- ★ Creativity & The Arts
- ★ Additional Study
- ★ Other

Variable timings:

- ★ Drama/Panto
- ★ Instrumental lessons Wednesdays between 10-11.30am
- ★ Science, maths and English session 6

Summary of Extra Curricular Offer 2020

★ Sports & Physical Wellbeing

- ✦ aimed at developing resilience, self-esteem, collaboration and fitness

★ Wellbeing & Mental Health

- ✦ aimed at developing mental wellness, resilience, self esteem, collaboration, communication and calmness

★ Expanding Horizons – opportunities to develop a range of skills:

- ✦ teamwork
- ✦ communication skills
- ✦ problem solving skills
- ✦ work ethic
- ✦ flexibility/adaptability
- ✦ interpersonal skills.

★ Creativity & The Arts

- ✦ aimed at developing confidence, communication, creativity, self-esteem and critical thinking

★ Additional Study

- ✦ aimed at supporting students with embedding and expanding their current skills and understanding in a range of subject areas

★ Other

- ✦ Bespoke activities